Airway hyperresponsiveness: a complex interplay between airway inflammation, airway remodelling and structural changes^{1,2}





IgE, immunoglobulin E; ILC2, type 2 innate lymphoid cell; Th, T helper

1. Comberiati P, et al. Immunol Allergy Clin North Am 2018;38:545–571; 2. Busse W. Chest 2010;138(Suppl. 2):45–10S; 3. Roan F, et al. J Clin Invest 2019;129:1441–1451; 4. Gunst SJ, Panettieri RA Jr. J Appl Physiol (1985) 2012;113:837–839; 5. Chapman DG, Irvin CG. Clin Exp Allergy 2015;45:706–719; 6. Gauvreau GM, et al. Expert Opin Ther Targets 2020;24:777–792; 7. Jeffery PK, et al. Am Rev Respir Dis 1989;140:1745–1753; 8. Boulet LP, et al. Chest 1997;112:45–52; 9. Booms P, et al. J Allergy Clin Immunol 1997;99:330–337; 10. Gelb AF, Zamel N. Curr Opin Pulm Med 2002;8:50–53; 11. Slats AM, et al. J Allergy Clin Immunol 2008;121:1196–1202; 12. Ward C, et al. Thorax 2002;57:309–316; 13. Brightling CE, et al. N Engl J Med 2002;346:1699–1705; 14. Bradding P, Arthur G. Clin Exp Allergy 2016;46:194–263; 15. Berair R, et al. J Allergy (Cairo) 2013;2013:185971; 16. Gil FR, Lauzon A-M. Can J Physiol Pharmacol 2007;85:133-140

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Airway inflammation

- In response to external triggers, epithelial cytokines may initiate an inflammatory response^{1,3}
- Inflammatory chemokines and cytokines, mast cell activation and airway smooth muscle cell proliferation contribute to the bronchoconstriction and airway hyperresponsiveness^{1–5}
- Severity of airway hyperresponsiveness positively correlates with the number of eosinophils and mast cells in the airway⁵
- Airway hyperresponsiveness can occur independently of airway inflammation⁶

Variable contributions^{1,2}



Airway hyperresponsiveness

Airway remodelling and structural changes

- Airway remodelling and structural changes are associated with airway hyperresponsiveness^{8–13}
 - Infiltration of mast cells into airway smooth muscle and the resultant interactions between the two cell types are associated with disordered airway function and airway hyperresponsiveness^{14,15}
 - Fundamental physiological changes in the airway smooth muscle, known as airway hypercontractility, involve mast cells and are hypothesised to be another cause of airway hyperresponsiveness^{16,17}
- Airway remodelling and its contributions to airway hyperresponsiveness is an area of evolving research^{5,18,19}

Persistent contributions^{1,2}

Comberiati P, et al. Immunol Allergy Clin North Am 2018;38:545–571; 2. Busse W. Chest 2010;138(Suppl. 2):45–10S; 3. Roan F, et al. J Clin Invest 2019;129:1441–1451; 4. Gunst SJ, Panettieri RA Jr. J Appl Physiol (1985) 2012;113:837–839;
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Multiple factors contribute to airway hyperresponsiveness: airway inflammation



The degree and/or severity of airway inflammation contributes to the variability of airway hyperresponsiveness in patients^{1,2}



Triggers include allergens,^{3,4} infections,^{5,6} occupational triggers (TDI)^{7,8} and environmental triggers (O_3 , NO_2 , diesel exhaust)⁹

Epithelial cytokines, including TSLP, IL-25 and IL-33, are released from epithelial cells and induce the release of downstream inflammatory cytokines (eg IL-4, IL-5 and IL-13) that may drive inflammation, bronchoconstriction and airway hyperresponsiveness^{1,10,11}

Intraepithelial mast cells and eosinophils are also associated with indirect and endogenous airway hyperresponsiveness, respectively, with eosinophils also being associated with T2 inflammation^{12–14}

Severity of airway hyperresponsiveness positively correlates with the number of eosinophils and mast cells in the airways¹⁵

However, airway hyperresponsiveness can occur independently of airway inflammation¹⁶

IL, interleukin; NO₂, nitrogen dioxide; O₃, ozone; T2, type 2; TDI, toluene diisocyanate; TSLP, thymic stromal lymphopoietin

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Multiple factors contribute to airway hyperresponsiveness: airway remodelling and structural changes



- Airway remodelling, encompassing a range of structural changes, is considered to have permanent/persistent contributions to airway hyperresponsiveness^{1,2}
- Infiltration of mast cells into airway smooth muscle and the resultant interactions between the two cell types are associated with disordered airway function and airway hyperresponsiveness^{3,4}
- Fundamental physiological changes in the airway smooth muscle, known as airway hypercontractility, involve mast cells and are hypothesised to be another cause of airway hyperresponsiveness^{5,6}
- Airway remodelling/structural changes and their contributions to airway hyperresponsiveness is an area of evolving research^{7–9}

Structural changes responsible for the bronchoconstriction observed in airway hyperresponsiveness include:



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